



10k River Run Host

**Adam Lee, State Fam Insurance**

**[www.agentadamlee.com](http://www.agentadamlee.com)**

Start Line Host



704.827.0206  
225 S. Hawthorne  
Mt. Holly, North Carolina 28120  
[www.OblingerFamilyDentistry.com](http://www.OblingerFamilyDentistry.com)

Finish Line Host



Awards Ceremony Host



Advertising Champion



*In-Kind Support  
Provided by the  
City of Mount Holly*

## Mount Holly Community Development Foundation

P.O. Box 93  
Mount Holly, NC 28120

Phone: 704.612.9171  
[www.MountHollyFoundation.org](http://www.MountHollyFoundation.org)  
[MountHollyFoundation@gmail.com](mailto:MountHollyFoundation@gmail.com)

### About the Foundation

The vision of the MHCDF is to advance the health, well-being, and prosperity of Mount Holly, while maintaining our sense of community.

To learn more, including how to support the Foundation, please visit MHCDF at:

**[www.MountHollyFoundation.org](http://www.MountHollyFoundation.org)**

*Run Mount Holly  
Benefits Your  
Foundation*



**MOUNT HOLLY  
COMMUNITY  
DEVELOPMENT FOUNDATION**

# Run Mount Holly

5k Downtown Dash  
10k River Run

**Saturday**

**April 28**

**2018**



**MOUNT HOLLY  
COMMUNITY  
DEVELOPMENT FOUNDATION**

*[www.MountHollyFoundation.org](http://www.MountHollyFoundation.org)*

Race Information

Date: Saturday, April 28, 2018

SCHEDULE OF EVENTS

- 7:15am Onsite Registration & Check-In Information Tents Open
8:00am 10k River Run Starts
8:30am 5k Downtown Dash Starts
10:00am Course Closes
10:15am Awards Ceremony
11:00am Information Tents Close

Location: Mount Holly Municipal Complex
400 East Central Ave., Mount Holly, N.C.

COURSE DETAILS—IMPORTANT!

- Course run on public streets with rolling terrain and controlled traffic. 10k course crosses Catawba River bridge; 5k runs through historic Mount Holly.
No animals allowed on course.
Strollers allowed for runners only.
Walkers on 5k course must move aside for 5k & 10k runners; slower groups cannot block course.
No walkers allowed on 10k course.

REGISTRATION\*

Table with 4 columns: Race, Day, April 2nd - April 27th, and fee amounts for 5k Downtown Dash and 10k River Run.

\*Processing fee added to race fee when registering online.

T-shirts guaranteed only for registrations received by April 15th. Limited number for sale on race day on a first come, first served basis. All sizes are adult .

Register Online:

Mail-In Registrations:

Must be received by April 26, 2018. Make check payable to MHCDF and include with completed and properly signed Registration Form.
Mail: MHCDF, P.O. Box 93, Mt. Holly, NC 28120

RACE DAY INFORMATION

Early Race Packet Pick Up:

Friday, April 27th from 12:00noon to 6:00pm at the Grand Hall of the Mount Holly Municipal Complex 400 E. Central Ave., Mt. Holly, NC 28120.

Awards:

In addition to Overall Male & Female Finisher, awards will be given for top three finishers in each age group: under 10, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-65, 70+ Senior Grand Master.

Door Prizes:

Drawings will be held throughout the morning. You must be present to win.

Information:

Information tents will be set up outside. Come by and learn more about the Foundation and other happenings in our community.

Your Foundation:

Run Mount Holly is a production of the Mount Holly Community Development Foundation. All proceeds of the race support the activities of the Foundation in our efforts to advance the health, well-being, and prosperity of Mount Holly. Please visit our information tent during the race to learn more. Donations to the Foundation are greatly appreciated and can be made during the race or anytime online: www.MountHollyFoundation.org.

MHCDF is a charity registered as tax-exempt by the IRS under section 501(c) 3. Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919.807.2214. This license is not an endorsement by the State.



Mount Holly Community Development Foundation
P.O. Box 93, Mount Holly, NC 28120
Email: MountHollyFoundation@gmail.com
Phone: 704.612.9171

Register Online:
www.MountHollyFoundation.org

REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/St/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact Information:

Name: \_\_\_\_\_

Race Day Phone: \_\_\_\_\_

Allergies/Health Issues: \_\_\_\_\_

Age (Race Day): \_\_\_\_\_ Gender: M F

Is this your first ever 5k or 10k Y N

T-Shirt Size: S M L XL

WAIVER & RELEASE: (Please read carefully before signing)

I fully acknowledge, assume, and understand the risks of participating in an open course that has vehicular traffic. These risks includes death or injury due to vehicles, falls, collisions, hostile or careless actions by humans or animals, uneven pavement, road obstructions, adverse weather, sudden illness, and all other risks which may or may not be explicitly stated herein. I acknowledge that I am physically fit for the event I enter. I authorize event officials to provide medical attention at my expense should I appear in need. For injuries that I sustain, including death, I hereby release and relinquish for myself, my heirs, assigns and agents, and others acting on my estate's behalf, all claims against the Mount Holly Community Development Foundation, Mount Holly Springfest, the Run Mount Holly Committee, any and all sponsors, event volunteers or staff, law enforcement personnel, and anyone else associated with organizing the Run Mount Holly events. I waive all royalty considerations for the use of photographs of other images taken of me during the race and the mentioned of my name in any media coverage and permit the use of such images or information by Run Mount Holly and the Mount Holly Community Development Foundation. I hereby acknowledge that I have read and fully understand this disclaimer and release. I make this agreement and pay my entry fee in exchange for the privilege of participating under the event conditions.

Signature Date

For participant under 18 years of age, a parent or legal guardian must also read and sign acknowledging Waiver & Release:

Name (Parent or Legal Guardian) - please print

Signature Date